



Executive Summary

Cash Flow Is Queen: Women and Financial Literacy

Chapter 5

By Marie Phillips

Overview

Women are set to control nearly **half of Canada's financial wealth by 2026**, yet many lack confidence and knowledge in financial matters. This chapter emphasizes the urgent need for women to become financially literate and actively involved in financial decision-making to secure their future.

Key Insights

- **Confidence Gap:** Only **31% of women** feel financially knowledgeable compared to 43% of men.
- **Knowledge Deficit:** Women score lower on core financial concepts like diversification and compound interest.
- **High Stakes:** **90% of women** will eventually be sole financial decision-makers.

Consequences of Low Financial Literacy

- **Conservative Investing:** Women often choose “safe” investments, limiting growth potential.
 - **Poor Tax Strategies:** Misuse of accounts (e.g., not leveraging TFSAs) leads to lost income.
 - **Inflation Risk:** Excess cash holdings erode value over time.
 - **Retirement Shortfall:** Women contribute only 56% of what men contribute to RRSPs.
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Life Events with Major Impact

- **Widowhood:** Average income drops **40%** after a partner's death
 - **Divorce:** Requires a **30% income increase** to maintain lifestyle
 - **Interrupted Careers:** Caregiving reduces earnings and retirement benefits.
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Action Plan for Women

1. **Educate Yourself:** Learn financial basics before life-altering events.
 2. **Engage with Advisors:** Schedule one-on-one meetings to review budgets, cash flow, and investments.
 3. **Create a Financial Plan:** Include tax strategies, inflation hedging, and retirement goals.
 4. **Discuss Values:** Align plans with lifestyle goals and philanthropic interests.
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Core Message

Financial literacy is essential—not optional. Women must take proactive steps to close the knowledge gap, plan for life events, and secure their financial independence.

“A goal without a plan is just a wish.” – Antoine de Saint-Exupéry

That's “Sound Advice”



SOUND ADVICE™

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